

DBSA Orange County is a self-help organization for people diagnosed with depression or bipolar disorder.
Two types of meetings are offered: 1) Monthly educational meetings and 2) Weekly support group meetings.

**Depression and Bipolar Support Alliance
Orange County Educational Meeting
Schedule**

Every 3rd Monday (except August & December) — 7:30 p.m.
(7:00 p.m. Refreshments)

Sister Frances Dunn/Northeast Building, 2nd Floor, Classroom 1
St. Joseph Hospital is at 1100 West Stewart Drive, Orange, CA 92868
(near the corner of Main and La Veta)

**June 21, 2010: “Cognitive Behavioral
Therapy as an Adjunct Treatment for
Mental Illness” by Debbie Hutchinson,
Psy.D.**

**July 12, 2010: “Diagnosis and
Treatment of Mood Disorders in
Children and Adolescents” by Ihab
Soliman, M.D.**

August 16, 2010: “Gone Fishing”

**September 20, 2010: “Advances for
Clinical Depression” by Gus Alva, M.D.**

Support Group Schedule

ALL GROUPS MEET WEEKLY UNLESS STATED OTHERWISE

TUESDAY

St. Jude Hospital, Fullerton

7 to 9 p.m. (Patients* and Family)
101 E. Valencia Mesa, Fullerton 92835
(Bastanchury and Harbor).

Meeting held in Room 2, on 3rd floor of The Erickson Building
(just past the Hospital Chapel near the old main entrance)

St. Joseph Hospital of Orange

7 to 9 p.m. (Patients* only)
1100 W. Stewart Drive, Orange 92868 (Near Main and La Veta)
Northeast/Sister Francis Dunn Bldg. (B), 2nd Floor, Room 1

St. Joseph Hospital of Orange

SUPPORT FOR TRANSITIONAL YEARS (18-30)
7 to 9 p.m. (Patients* only)
1100 W. Stewart Drive, Orange 92868 (Near Main and La Veta)
Northeast/Sister Francis Dunn Bldg. (B), 2nd Floor, Room 3

**WEDNESDAY (New Meetings – Beginning January 6, 2010
** Both of these meetings have been temporarily terminated
as of May 12, 2010 ** We hope to start them back up in late
summer/early fall **)**

St. Joseph Hospital of Orange
DUAL DIAGNOSIS GROUP
4:30 to 6:30 p.m. (Patients* only)

St. Joseph Hospital of Orange
WOMEN’S GROUP
7 to 9 p.m. (Female Patients* only)

THURSDAY

St. Joseph Hospital of Orange
SPANISH SPEAKING GROUP
7 to 9 p.m. (Patients* and Family)
1100 W. Stewart Drive, Orange 92868 (Near Main and La Veta)
Sister Elizabeth Bldg. (T), 2nd Floor, Conference Room 2

St. Joseph Hospital of Orange
DUAL DIAGNOSIS GROUP
7 to 9 p.m. (Patients* only)
1100 W. Stewart Drive, Orange 92868 (Near Main and La Veta)
Sister Elizabeth Bldg. (T), 1st Floor, Conference Room 4

Mission Hospital, Laguna Beach

(Formerly named South Coast Medical Center)
7 to 9 p.m. (Patients* and Family)
31872 Pacific Coast Highway, Laguna Beach, 92651
(See Lobby Receptionist for Room Location)

SATURDAY

St. Joseph Hospital of Orange

10 a.m. to 12 noon (Patients* only)
1100 W. Stewart Drive, Orange 92868 (Near Main and La Veta)
Northeast/Sister Francis Dunn Bldg., (B) 2nd Floor, Room 1

Huntington Beach Medical Center Hospital

10 a.m. to 12 noon (Patients* and Family)
17772 Beach Blvd., Huntington Beach 92647
(Between Slater and Talbert)
Basement Cafeteria Conference Room

**FAMILY SUPPORT GROUP — Meets Monthly First
Saturday of the Month**

Huntington Beach Medical Center Hospital

1 to 3 p.m. (Family and Caregivers only)
17772 Beach Blvd., Huntington Beach 92647
(Between Slater and Talbert)
Basement Cafeteria Conference Room

*** A Patient is defined as an adult over 18, diagnosed with
depression or bipolar disorder, under the outpatient care
of a physician. Patient DOES NOT mean that you are or
must have been a Patient in any of the facilities where we
hold DBSA meetings.**

