

DBSA East Long Beach Meeting VA Hospital Map & Supplemental Directions

Directions:

From 405 Freeway:

From I-405 [San Diego Fwy] (North), merge and continue (West) on SR-22 [Garden Grove Fwy]. Turn off onto Ramp, bear Right (west) onto 7th St. VA Long Beach will be on your right hand side.

From 55 Freeway:

Merge onto SR-22 [Garden Grove Fwy]. Continue West. Turn off onto Ramp, bear Right (west) onto 7th St. VA Long Beach will be on your right hand side.

From 5 Freeway: [south side]:

From the I-5 [San Diego Fwy] merge onto "Toll Road" - SR-73 [San Joaquin Hills Trans Corridor] (North). Turn off onto Ramp and merge onto I-405 [San Diego Fwy]. Continue West onto SR-22 [Garden Grove Fwy]. Turn off onto Ramp, bear Right (west) onto 7th St. VA Long Beach will be on your right hand side.

DBSA East Long Beach Meeting (Free)

Directions inside the VA Hospital

After you enter the VA Hospital from 7th St. Drive a short distance towards tower building. At the "T" in the road, about (100 ft). Turn right. Follow the road around to the psychology building #128. There will be signs along the way to Mental Health or psychology. Plenty of parking in the area of Bld #128. Enter the door near the blue soda machine that you will see through the glass window. Go straight to the elevator. Take to 2nd floor, turn right to room J-216. Remember the meeting starts every Wednesday at 7 PM Sharp. Others will be coming at 7 PM in case you need help.

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